

# IFSO 2024

## Call for Abstract Guidelines

You are invited to submit an original abstract to IFSO 2024 to be held in Melbourne from 3-6 September 2024.

**Call for abstracts will close on Friday 15 March 2024, 11:59 PM AEDT.**

### **BEFORE YOU SUBMIT**

- Read through this entire document before proceeding.
- All submissions must be made via the online portal.
- Ensure ALL authors/presenters are aware of, and agree to, the abstract details as well as the submission terms and conditions.

### **Important Information**

#### **IFSO accepted nomenclature**

- Use first person language: authors should not use “obese” as an adjective or noun to describe an individual person or group of people, but instead, use terms such as “people with obesity” and “populations with obesity”.
- Use “severe obesity” (or reference BMI range or Class), never “morbid obesity”, “super-obesity” or “extreme obesity” and all derivations (morbidly, super obese, etc.).
- Do not use words such as: “success/failure”, “recidivism”, “non-compliant”, “gold-standard”, “last-resort”.
- Avoid the term “weight-loss surgery”; instead use “bariatric-metabolic surgery”.
- Imagery: do not use headless people, stereotypical/stigma = takeaway boxes, fast food, ill-fitting clothes, etc.

Old and not accepted per Journal Policy	New replacement nomenclature
Morbid obesity	Severe obesity
Obese/Diabetics	Patient or individual with obesity/ diabetes
Subject/s	Patient/s or individual/s
Weight loss surgery	Metabolic Bariatric Surgery (MBS)
Super or super-super obesity	Please use Body Mass Index reference BMI>50 or BMI>60 to refer to this patient population respectively
Gold standard	Avoid using this term please
Revision procedure	'Revision or modification' for any procedure that does not encompass conversion to a new procedure with a new mechanism of action or reversal of the anatomy. Revision or modification encompasses correction or an enhancement of the same procedure (revision of a gastric pouch, distalization of gastric bypass)
Conversion procedure	'Conversion' entails converting one procedure to another with a different mechanism of action. Revision is not accepted as a substitution anymore
Reversal procedure	Term can still be used to describe reversing a procedure to the normal standard anatomy
Insufficient or inadequate weight loss	'Suboptimal clinical response' encompasses maximum total weight loss outcome (TWL%) <20%, while also covering no improvement or worsening of any obesity complication that was present preoperatively
Weight loss failure	Failure is not an acceptable term anymore. Use suboptimal clinical response if fits these criteria
Adequate weight loss	Optimal clinical response which follows the criteria of TWL% >20% and/or improvement of obesity complication/s
Success	This term is not acceptable anymore. Please use Optimal clinical response for primary procedures or optimal clinical response for other revision or conversion procedures
Restrictive or Malabsorptive procedures	These terms are not acceptable to use. Please describe procedures per their anatomic features, bypass, diversion, etc ...
Malabsorption/Hypoabsorption	Both are accepted, but it is essential to report: Micronutrient for minerals and elements versus Macronutrient for protein/fat or carbohydrates
Weight regain/ recurrence	Recurrent weight gain

- BMI 30 <35kg/m<sup>2</sup> Obesity I
- BMI 35 <40kg/m<sup>2</sup> Obesity II
- BMI 40 <50kg/m<sup>2</sup> Obesity III
- BMI 50 <60kg/m<sup>2</sup> Obesity IV instead of “Super Obesity”
- BMI 60 <70kg/m<sup>2</sup> Obesity V instead of “Super-Super Obesity”

### **Abstract Format**

Abstracts need to be structured under the following sub-headings. The abstract should not repeat the title, authors and affiliations.

- **Background**
- **Objectives**
- **Methods**
- **Results**
- **Conclusion**

### **Abstract submission information**

Submissions should be no longer than 350 words (excluding title and other contact details). Further details will be provided to accepted presenters.

- All abstracts must be submitted in English.
- The author is responsible for the accuracy of the abstract.
- Do not include references in your abstract body.
- Presenters of accepted submissions are expected to register and pay within the deadline that will be indicated at the moment of notification of acceptance to be able to present their study at the Congress and to make sure their abstract is included in the Abstract Book that will be published in *Obesity Surgery Journal*.
- The acceptance of an abstract does not imply provision of travel, accommodation, or registration for the Congress, nor any other costs associated with preparation, presentation of the oral or ePoster, or any costs associated with attendance at the Congress.
- All abstracts are reviewed blindly by the IFSO reviewers. Their decision is final.
- By submitting your abstract, you agree to have your abstract (if accepted) published on the Congress website, Congress app and in printed material.
- If you have any commercial interests or associations that might pose a conflict of interest regarding the submission, they must be declared. If accepted for presentation, the commercial interest or association must be declared on the title slide or the slide immediately following the title slide.
- You give IFSO & Think Business Events permission to film or photograph your presentation at the Congress.
- You will immediately notify Think Business Events if you are unable to present or if the presenting author is changed.

## Originality Disclosure

Submitted abstracts/cases should not have been published in any other journals and/or online publications nor presented at any previous international congress.

Submitting or presenting an already published work will lead to:

- Withdrawal of the presentation from the Scientific Sessions
- Prohibition of submitting abstracts to any IFSO Congress for one year

Submitted abstracts must report new information, not previously published, or presented at a national or international scientific meeting prior to the Congress. Abstracts previously presented at meetings will not be accepted unless there is a substantial update of data.

Identified duplicates will be retracted from all related IFSO publications and scientific sessions.

## Presentation Type

For each abstract, you must indicate the presentation format for which it is being submitted from the following options. Selecting oral will not ensure that your abstract is considered for oral presentation. As presentation slots are limited your abstract may be reallocated to an ePoster.

1. Oral Presentation – an oral presentation, using PowerPoint slides, presented by one nominated author. Presentations will include 2 minutes each for audience questions.
2. ePoster - authors will have the opportunity to have their ePoster displayed on screens for delegates to view for the entire duration of the Congress.  
Posters provide visual display of new techniques, programs, research, or professional innovations. They are the ideal medium for the presentation of complex visual material and emerging practice content.
3. Video - The video should be prepared as follows:
  - Videos must include verbal narration in English. Narration must use generic terms, and videos cannot contain any evidence of commercial support.
  - Acceptable video format: **.mp4**
  - Maximum length of the video: **7 minutes**
  - Maximum size of the video: **100 MB**
  - Videos should be in a standardized format:
    - Video title
    - Disclosure
    - Clinical presentation and indication for surgery
    - Preoperative x-ray images/endoscopy/blood results
    - Operative procedure
    - Postoperative outcome
    - Conclusions
  - ***Do not include the name(s) of the author(s) in the video to guarantee blinded review.***

## Topics

Using the online abstract submission form, authors can select ONE (1) of the following topics and subtopics that best fits their submission. These topics will be used by the Reviewers for reviewing.

### Metabolic Bariatric Procedures

- Sleeve Gastrectomy
- Gastric Bypass procedures including RYGB and OAGB
- Duodenal switch procedures, including SADI-S
- Sleeve+ and other intestinal procedures
- Robotic metabolic bariatric surgery
- Other

### Complications Management

- Surgical management of complications
- Non-surgical, psychological and nutritional management of complications
- Endoscopic and radiological management of complications
- Management of recurrent weight gain and suboptimal weight loss after surgery

### Revisional Metabolic Bariatric Surgery

- Revisional surgery – diagnostic pathway
- Revisional metabolic bariatric surgery in recurrent weight gain or suboptimal weight loss
- Revisional metabolic bariatric surgery for reflux/GERD
- Revisional metabolic bariatric surgery for other complications

### Metabolic Bariatric Surgery Indications

- Cardiovascular risk and metabolic bariatric surgery
- NASH and metabolic bariatric surgery
- Sleep apnoea and metabolic bariatric surgery
- Type 2 diabetes and metabolic bariatric surgery
- Cancer and metabolic bariatric surgery
- Fertility and metabolic bariatric surgery
- Heart failure and metabolic bariatric surgery
- Abdominal wall hernia in the bariatric patient
- Transplant and metabolic bariatric surgery
- Arthroplasty and metabolic bariatric surgery
- Other (e.g. autoimmune disease, arthropathy)

### GERD and Hiatal Hernia

- Preoperative assessment of GERD in patients with obesity
- Hiatal Hernia and GERD in metabolic bariatric surgery

### Upper Endoscopy and Endoscopic Bariatric and Metabolic Procedures

- Bariatric Endoscopy
- Primary endoscopic Bariatric Procedures
- Revisional endoscopic Bariatric Procedures
- Hybrid endoscopic and surgical procedures

### Dilemma Indications

- MBS in children, adolescents and young adults
- Low BMI
- Severe Obesity (BMI>60 – Class V)
- MBS in older patients (> 70 years)

### **Innovation**

- Emergent technology
- New and Non-standard Procedures
- Artificial intelligence
- Horizon Drugs Therapies

### **Management & Quality**

- Ambulatory Bariatric Surgery
- Bariatric Surgery Tourism
- Bariatric Anaesthesia
- Prehabilitation in Metabolic Bariatric Surgery
- Enhanced recovery in Metabolic Bariatric Surgery: ERAMBS
- Access and Equity
- Post Bariatric Plastic Surgery

### **Multidisciplinary**

- Integrated health care
- Pharmacotherapy use
- Nutritional deficiency
- Psychology & behavioural health and metabolic bariatric surgery
- Physical activity, sedentary behaviour and MBS
- Managing pregnancy in bariatric patients
- Anti-aging and wellness

### **Science, Registries**

- Statistics and methodologies
- Basic science and research in metabolic bariatric surgery
- Registries and Audit
- BMS National Reports

### **Young IFSO**

## **Online Submission Instructions**

### **1. Register as a user in the online abstract submission system**

The online form will require you to submit your abstract in two steps:

- Register as a user and then submit the abstract information by completing the fields
- Add any additional authors/presenters: please ensure profiles linked to a submission are correct and up-to-date. Once an abstract is submitted, any updates to additional authors/presenters can only be made by the additional authors/presenters themselves via a separate login they will receive with the automatic abstract confirmation
- To create a new user profile select: [Click Here to Create a Profile](#)

FIRST-TIME USER	RETURNING USER
<a href="#">Click Here to Create a Profile</a>	Enter your email and password to access your account.
	Email <input type="text" value="Account Email"/>
	Password <input type="text" value="Account Password"/>
	<a href="#">Login</a>
	<a href="#">Reset Password</a>

If you already have an account, please log in via the **RETURNING USER** section to view/update your abstract or update your profile once your abstract has been submitted.

Once you create your profile or log in you will be automatically taken to submit your abstract.

*We recommend bookmarking this page as a favourite.*

## 2. Submit an abstract

Please read the instructions on the screen carefully and complete the fields in the submission form. The submission can be edited until the system is closed.

Select the relevant submission form.

To submit a new abstract select: [Click Here to Start](#)

<b>NEW ABSTRACT</b> <a href="#">Click Here to Start</a>
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## 3. Abstract Submission Questions

Below are the questions that will appear on the online submission form.

### a. Title (max 20 words)

Enter the full title of your abstract.

The title should be as brief as possible but long enough to clearly reflect the nature of your abstract.

This title may appear in all congress information including print, website, app and social media

The title should be written in sentence case (not all caps). Capital letters should only be used at the beginning of the title, for a proper noun or after a colon.

**b. Abstract (max 350 words)**

The abstract should not repeat the title, authors, and affiliations (abstracts will be blind reviewed).

IFSO requires a structured abstract organised under the following headings:

- Background
- Objectives
- Methods
- Results
- Conclusion

References **are not** to be included.

**Special Symbols and Formatting** are to be used sparingly. Once your submission is complete, please read your abstract in full to ensure the symbols are displayed correctly. If not, please click on the 'Special Character' icon on the screen to see the list of available characters to insert.

**Tables and figures** must be enclosed into the body of the abstract – a maximum of two (2) can be submitted; inserting tables will reduce your word capacity.

***Any abstracts exceeding the word limit and not using the above format will not be accepted.***

**c. Presentation type**

Please choose your preferred means of presentation:

- Oral
- ePoster
- Video

**d. Topic**

Please select of the topics and subtopics that best fits your submission.

These topics will be used by the Scientific Committee for review.

**e. Conflict of Interest**

Does the author/s have any commercial interests or associations that might pose a conflict of interest regarding this submission?

- Yes
- No

If 'Yes' is selected, please list the conflict of interest.



If this abstract is accepted for presentation, you must provide a statement on any potential conflicts of interest at the commencement of the presentation and/or on any slides or poster.

**f. Terms & conditions**

By submitting, authors must agree to the following terms and conditions:

- I declare the submissions are the original works of at least one author/presenter.
- If the submission is accepted, I confirm at least one author will register and pay to attend and present the abstract at the Congress.
- No funding is provided to presenters. Any presenter not registered for the Congress by the deadline specified in the acceptance email will have their abstract removed from the proceedings and from the program.
- By submitting I confirm at least one author will register by 30 May 2024 to attend the Congress to present the abstract if accepted.
- If third party material is used in the submission, I promise it does not and will not breach any existing Intellectual Property or a third party's intellectual property or moral rights.
- I give permission for IFSO & Think Business Events to publish my name and email address in the online Abstract Book Supplement.
- I give permission, on behalf of all presenters and affiliations associated with the abstract submission, for the Abstract and PowerPoint to appear on the IFSO 2024 website, Congress app, and in printed Congress material if it is accepted for presentation.
- I give IFSO & Think Business Events permission to film or photograph my presentation at the Congress.

Yes, I/we give permission.

Once you are satisfied with your submission, select SUBMIT.

You will receive a confirmation email with a submission number and information once you have submitted your abstract. You may login at any time prior to the site closing to update your submission.

**4. Adding co-authors**

When you have finished creating a new submission, the online system will automatically assign you as a main presenter.

Once you have completed all submission fields, you will then be directed to add your co-authors/presenters or select SKIP.

If adding co-authors, each co-author will also receive a confirmation email with your contact information and their login information.

All co-authors have *Read only* access unless you assign a co-author to be a presenter. Presenters have *Read/Write* access.

To prevent duplicates, first search for an existing contact using the search box.

You can assign co-authors by:

- **Selecting an existing contact from the drop-down menu**

This is someone who already has a user profile

- Begin by typing part of their last name.
- Make sure to select the correct person, in the correct organisation.
- Co-authors will be added to your abstract and will be sent an automated email with login instructions and details of the abstract.
- For privacy reasons, you will NOT be able to view an existing profile in the online portal.
- If you select someone from the drop down menu, please follow up with this person to ensure they have received the email with the instructions on how to login and check/update their own profile.

**OR**

- **Adding a new contact**

This is someone who does NOT have a user profile, or may work for a different organisation than listed.

- You must enter their email address and other required contact information
- You will not be able to edit the information once you hit 'Add Co-Author' button.
- Co-author/s will be sent an automated email with login instructions and details of the submission. Follow up with your co-authors!

Under **Authors**, you can also update the order of the authors by dragging and dropping as well as define the 'Primary Presenter'.

## **Updating an abstract**

Authors may login to edit/update the submission until the call for abstracts closes on **15 March 2024**.

This can be done by logging in as a RETURNING USER and selecting Edit Abstract OR Authors as per below.



## **Withdrawing an abstract**

If you want to withdraw an abstract, please contact the Congress Office in writing via email to [ifso@thinkbusinessevents.com.au](mailto:ifso@thinkbusinessevents.com.au).

Withdrawals need to be communicated in writing by the author who originally submitted the abstract, and in doing so, the Congress Office assumes that all other authors/presenters have been informed of the withdrawal.

## **Enquiries**

### **IFSO 2024 Congress Office**

Think Business Events

Email: [ifso@thinkbusinessevents.com.au](mailto:ifso@thinkbusinessevents.com.au)

Phone: +61 03 9417 1350

For easy reference, please always include the reference number and title of your presentation in your email.